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Abstract

Background of the study: The COVID-19 pandemic is ruined the world in all the aspects such as economical, health and education. The peoples were worried about the diseases, had the anxiety and fear about the disease condition and the peoples were having curious about the COVID-19 vaccine, when it will be available, where it will be available and what will be the cost and what are the side effects of COVID-19 vaccination and what efficacy of COVID-19. So this study was undertaken to assess the knowledge and perception of peoples regarding COVID-19 vaccination. **Objectives:** To assess the level of knowledge and perception about COVID-19 vaccine among peoples of selected society and to find the association between the levels of knowledge with selected demographic variables and to prepare the information booklet. **Methodology:** The quantitative research approach with descriptive research design was used. The total 100 samples were selected by purposive sampling technique. The self-administered structured knowledge questionnaires were used to assess the knowledge and perception scale was used. The data was analyzed by descriptive and inferential statistics. **Results:** The results shown that out of 100 samples 05(05%) were had inadequate knowledge, 74(74%) had a moderate adequate knowledge and 21(21%) had adequate knowledge regarding the COVID-19 vaccination. The overall mean percentage of knowledge was 61.90% with mean and SD of 18.57±3.36. The mean percentage score of perception was 81.15% with mean and SD of 16.23±2.35. The majority 63 (63%) of the samples had positive perception for acceptance of the COVID-19 vaccination, 29(29%) were had negative perception and 08 (08%) were had neutral perception regarding COVID-19 vaccination. **Conclusion:** The study concludes that the majority of the samples had moderately adequate knowledge and positive perception. There in need for further study to assess the attitudes of the peoples.

Keywords: Knowledge; Perception; COVID-19 Vaccine; Peoples.

Introduction

The health is a state of complete physical, mental and social wellbeing and not merely the absence of disease or infirmity. Disease is a disorder of structure or function in human body especially one that produces specific signs or symptoms or that affects a specific location and is not simply a direct result of physical injury.¹

COVID-19 (Coronavirus disease 2019) is a contagious disease caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). The first case was identified in Wuhan, China, in December 2019. It has since spread worldwide, leading to an ongoing pandemic.² Retrospective investigations by Chinese authorities have identified human cases with onset of symptoms in early December 2019.³

SARS-CoV-2 was identified in early January and its genetic sequence shared publicly on 11-12 January 2020. The full genetic sequence of SARS-CoV-2 from the early human cases and the

sequences of many other viruses isolated from human cases from China and all over the world since then show that SARS-CoV-2 has an ecological origin in bat populations.⁴

Symptoms of COVID-19 are variable, but often include fever, cough, fatigue, breathing difficulties, and loss of smell and taste. Symptoms begin one to fourteen days after exposure to the virus. Most people (81%) develop mild to moderate symptoms (up to mild pneumonia), while 14% develop severe symptoms (dyspnea, hypoxia, or more than 50% lung involvement on imaging) and 5% of patients suffer critical symptoms (respiratory failure, shock, or multiorgan dysfunction).

A Covid-19 vaccine is a vaccine intended to provide acquired immunity against Covid-19. Prior to the Covid-19 pandemic, work to develop a vaccine against the coronavirus diseases had established knowledge about the structure and function of coronaviruses, which accelerated development during early

2020 of varied technology platforms for a Covid-19 vaccine.

By January 2021, 69 vaccine candidates were in clinical research, including 43 in Phase I-II trials and 26 in Phase II-III trials. Several Covid-19 vaccines demonstrated efficacy as high as 95% in preventing symptomatic Covid-19 infections. As of January 2021, nine vaccines have been authorized by at least one national regulatory authority for public use: two RNA vaccines (the Pfizer-Biotech vaccine and the Modern a vaccine), three conventional inactivated vaccines (BBIBP-CorV from Sinopharm, BBV152 from Bharat Biotech and CoronaVac from Sinovac), two viral vector vaccines (Sputnik V from the Gamaleya Research Institute and the Oxford-AstraZeneca vaccine), and one peptide vaccine.⁵

The Drug Controller General of India (DCGI), the country's national drug regulator, announced on Sunday (January 3) that the Central Drugs Standard Control Organisation (CDSCO) has decided to accept the recommendations of its Subject Expert Committee (SEC), and approved the Covid-19 vaccines of both Serum Institute of India and Bharat Biotech for restricted use in the country. Serum Institute of India (SII), has manufactured Covishield, the Indian variant of the AZD1222 vaccine developed by Oxford University and AstraZeneca, and already stockpiled some 80 million doses. As such, the rollout can begin fairly quickly. The other vaccine that has got emergency use authorisation, Covaxin, manufactured by Hyderabad-based Bharat Biotech in collaboration with the Indian Council of Medical Research (ICMR), could take a few days or weeks to be available

A proper awareness generation campaign is needed, explaining why vaccine is being given. It is an emergency and a do or die situation. People should know "the vaccination is voluntary," said Lalit Kant, scientist and former head of epidemiology and communicable diseases at the Indian Council of Medical Research (ICMR).

Objectives:

- To assess the level of knowledge about Covid-19 vaccine among peoples of selected society.
- To assess the perception about Covid-19 vaccine among peoples of selected society.
- To determine the association between the knowledge about Covid-19 vaccine with selected demographic variables regarding kidney transplantation and donation.
- To develop an information booklet regarding Covid-19 vaccine for peoples of selected society.

Assumptions:

- There may be inadequate knowledge regarding the covid-19 vaccination among general population.
- There may be negative perception regarding the covid-19 vaccination among general population.
- There may be an association between the knowledge with selected demographic variables of general population.
- There may be an association between the levels of perception with selected demographic variables.
- The informational booklet may enhance the knowledge and positive perception of general population.

Hypothesis:

 H_0 : There will be a no significant association between the levels of knowledge with demographic variables.

 H_1 : There will be a significant association between the levels of knowledge with demographic variables.

Methodology:

Research approach

The present study selected quantitative study to assess the knowledge and perception regarding covid-19 vaccination.

Research design

The descriptive study was used to describe the knowledge and perception of the general people regarding Covid-19 vaccination.

Variables under the study

Research variables: These are the variables, which are being studied and described the phenomena under study. In this study research variables are knowledge and perception.

Demographic variables: Age, gender, occupation, educational qualifications, source of information, have you taken vaccination. Have you suffered form covid-19 etc.

Setting of the study

The study was conducted in selected societies of Solapur, Maharashtra.

Sample and sample size

The sample of the study was 100 peoples in selected areas, who fulfilling inclusion criteria.

Sampling technique

The purposive sampling technique was used to select 100 Peoples from the selected areas of Solapur.

Sampling criteria

Inclusion criteria

Who present at the time of data collection.

- Who is willing to participate in the study.
- Those who can read and write Marathi and English.

Exclusion criteria

- People who cannot understand local/English language.
- People who are not willing to participate.

Data collection technique:

Selection and development of the tool: In this study three types of tools were used by the researcher.

- Self-administered questionnaires have following headings.
- Baseline variable.
- Structured knowledge questionnaire on Covid-19 vaccination
- Structured perception scale on Covid-19 vaccination.

Data analysis: The descriptive and inferential statistics.

Results

The majority of 31 (31.00%) samples were in the age group 36-40years complete followed by 27 (27.00%)age group of 31-35 years complete , 26(26.00%) for the age group of above 40 years complete and 16(16.00%) for the age group of 25-30 years complete.

The data reveals that 59(59.00%) were male and the remaining 41 (41.00%) were female.

Out of 100 samples that's 79(79.00%) have not vaccinated and remaining 21(21%) have vaccinated.

Out of 100 samples, 76(76.00%) belongs to the no history of suffering from Covid-19 and 24(24.00%) were infected and got cured form the Covid-19.

Out of 100 samples, revels that's 45(45.00%) through mass media 39(39%) through health personnel, 8 (8%) through peer group/friends and remaining 8(8%) through in any other.

Table 1: Frequency and percentage-wise distribution of peoples in selected area by Age in years, Gender, Occupation, Source of information, have you vaccinated and have you suffered from Covid 19.

	and have you suffered i		N=100
Socio Demographic Variables		Frequency Per	rcentage %
Age (in years)	25-30	16	16
	31-35	27	27
	36-40	31	31
	Above 40	26	26
Gender	Male	41	59
	Female	59	41
Occupation	Sedentary worker	13	13
	Moderate worker	48	48
	Heavy worker	39	39
Have you vaccinated	Yes, If yes (duration)	21	21
	No	79	79
Have suffered from	Yes, If yes (duration)	24	24
Covid-19	No	76	76
Source of information	Mass Media	53	53
	Health personnel	39	39
	Peer group/ friends	8	8

Table 2: Classification according to level of knowledge of peoples on Covid-19 vaccination.

Interpretation	Number	Percentage
Inadequate knowledge (Score 0-10)	5	5%
Moderately adequate knowledge (score 11-20)	74	74%
Adequate knowledge (Score 21-30)	21	21%

The above table depicts that among 100 samples, 05(05%) were had inadequate knowledge, 74(74%) had a moderate adequate knowledge and 21(21%) had adequate knowledge regarding the Covid-19 vaccination.

Table 3: Mean, Median, SD, Range and Mean% of level of knowledge regarding Covid-19 vaccination among peoples.

					N=100
Aspect	Max. Score	Mean	Median	SD	Mean %
Knowledge	30	18.57	18	3.362	61.90

(SD: Standard Deviation)

The above table describes the mean and SD with mean%. The overall mean percentage of knowledge was 61.90% with mean and SD of 18.57 ± 3.36 . The median was 18.

Table no 04. Description of mean, SD, Median and Mean percentage perception of the peoples regarding Covid-19 vaccination.

Aspects	Max Score	Mean	SD	Mean %
Perception	20	16.23	2.35	81.15

The above table describes the mean, mean% and SD of perception of peoples regarding covid-19. The mean percentage score of perception was 81.15% with mean and SD of 16.23±2.35.

Table No 05. Classification of respondents based on the levels of perception of the regarding Covid-19 vaccination.

Aspects of perception	Frequency	Percentage
Positive perception to accept the vaccination	63	63
Negative perception to accept vaccination	29	29
Neutral perception for acceptance of vaccination	08	08

The above table describes the perception of peoples regarding Covid-19 vaccination. The majority 63(63%) of the samples had positive perception for acceptance of the Covid-19 vaccination, 29(29%) were had negative perception and 08(08%) were had neutral perception regarding COVID-19 vaccination.

The association was found between the level of knowledge, with age in year complete 9.1484(p>0.05), Have you vaccinated 5.294 (p>0.05), history of suffered from Covid-19. 5.307(p>0.05) and source of information 7.803 (p>0.05).

Discussion

The first objective was to assess the level of knowledge about Covid-19 vaccine among peoples of selected society. The findings shown that out of 100 samples 05(05%) were had inadequate knowledge, 74(74%) had a moderate adequate knowledge and 21(21%) had adequate knowledge regarding the Covid-19 vaccination. The overall mean percentage of knowledge was 61.90% with mean and SD of 18.57±3.36.

The second objective was to assess the perception about Covid-19 vaccine among peoples of selected society. The mean percentage score of perception was 81.15% with mean and SD of 16.23 ± 2.35 . The majority 63(63%) of the samples had positive perception for acceptance of the COvid-19 vaccination, 29(29%) were had negative perception and 08(08%) were had neutral perception regarding COvid-19 vaccination.

Recommendation

- The survey study can be conducted to assess the perception of staff nurses, peoples and front line warriors regarding post vaccine perceptions.
- The study can be conducted to assess the attitudes of general population regarding post vaccines.
- A survey can be assessed regarding the common side effects experienced by the post vaccinated persons.

Limitations of the study:

The study was limited to

- The selected peoples in the Solapur city only.
- Wider samples characteristics
- The areas of perceptions were narrow and
- The sample size was 100.

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Student Attitude towards OSCE Method of Evaluation

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Abstract

Obstructive structured clinical examination is a form of multi- station examination of clinical subject and it is a modern type of examination often used in health sciences to assess clinical skill performance & competence in skills. This study examined the student's attitude towards OSCE method of evaluation and to extend the positive view among the students. *Materials & Methods:* The research approach used for this study was quantitative approach and the design selected was descriptive study design. By using convenient sampling technique 63 samples of nursing students were selected for this study. *Results:* This study results shows that among 63 samples 55% belongs to favourable attitude, 23% belongs to neutral attitude and 22% belongs to unfavourable attitude towards positive attitude, 35% belongs to favourable attitude, 22% belongs to neutral attitude and 43% belongs to unfavourable attitude towards negative attitude of OSCE. Overall this study found that students generally perceive OSCE as a positive experience in agreement with the selected tools.

Keywords: Objective Structured Clinical Examination; Attitude.

Introduction

OSCE means Objective Structured Clinical Examination. It is a form of multi- station examination of clinical subject. It was first described by Harden et al in 1975.OSCE is a modern type of examination often used in health sciences to assess clinical skill performance & competence in skills such as communication, clinical examination, medical & nursing procedures, prescription, exercise prescription and interpretation of results.

A frame work for the development of clinical competence has been described [Miler 1990] which outlines four levels at which a learner can be assessed. Preparation for OSCE is very different from preparing for an examination on theory. In an OSCE, clinical skills are tested rather than pure theoretical knowledge. It is essential to learn correct clinical methods &then practice repeatedly until one perfect the methods.

Marks are awarded for each step in the method; hence it is essential to dissect the method into its individual step, learn the step &then learn to performed the steps in sequence. It is often very helpful to practice in small groups with colleagues, setting a typical OSCE scenario &timing it with one person role playing a patient, one person either observing or commenting on technique or even role playing the examiner using a simple mark sheet.

Main outcome measures were student perception of

examination attributes, which included the quality of instructions and organization, the quality of performance, authenticity and transparency of the process, and usefulness of the OSCE as an assessment instrument compared to other formats.

Material and Methods

A quantitative research, Descriptive study design was undertaken among nursing students studying in selected nursing educational institutions in Puducherry. The variables explored under study were students attitude towards OSCE method of evaluation among study participants. A total of 63 nursing students of both gender and willing to participate were selected by using simple random sampling technique. A reliable structured questionnaire was used to gather data. The responses for all items of tool was categorized as correct responses (score 1) and wrong responses (score 0) respectively. The collected data was coded, tabulated and analyzed as per objectives by using descriptive (mean, SD) and inferential statistics (t-test, chisquare test and co- efficient of correlation) wherever required, p<0.05 was consider as statistically significant.

We should assess the student's attitude towards OSCE method of evaluation.

Result

Table-1: Percentage Distribution of Demographic Variables.

Demographic Variables	Frequency	Percentage
Age		
18-Years	13	20.63%
19-Years	41	65.08%
20-Years	09	14.30%
Sex		
Male	13	20.63%
Female	50	79.37%

The above table shows that,

- 20.63% were in the age of 18-years, 65.08% were in the age of 19-years and 14.30% were n the age of 20-years.
- 20.63% were males and 79.37% were females.

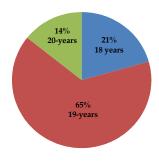


Fig. 1: Distribution of demographic variables of the students (age).

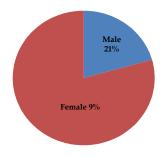


Fig. 2: Distribution of demographic variables of the students (sex).

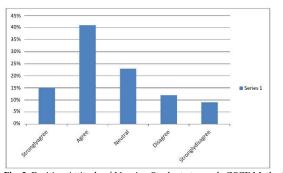
Interpretation:

 $Positive\ Attitude:$

Strongly agree	Agree	Neutral	Disagree	Strongly disagree
14.60%	41.27%	22.86%	12.30%	8.97%

Negative Attitude:

Strongly agree	Agree	Neutral	Disagree	Strongly disagree
19.06%	16.03%	21.59%	27.14%	16.18%



 $\label{eq:Fig. 3} \textbf{Fig. 3:} \ Positive \ Attitude \ of \ Nursing \ Students \ towards \ OSCE \ Method \ of \ Evaluation.$

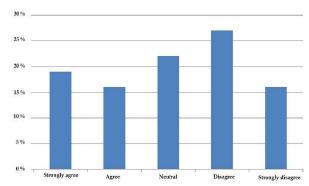


Fig. 4: Negative Attitude of Nursing Students towards OSCE Method of

Discussion

OSCE has become the gold standard tool for evaluating the clinical competency of medical and other health professionals in many institutions worldwide. Overall this study found that students generally perceive OSCE as a positive experience in agreement.

Considering the overall percentage of positive attitude 55% belongs to favourable attitude, 23% belongs to neutral attitude and 22% belongs to unfavourable attitude. Hence more number of students are favourable towards positive attitude of OSCE.

Considering the overall percentage of negative attitude 35% belongs to favourable attitude, 22% belongs to neutral attitude and 43% belongs to unfavourable attitude. Hence more number of students are unfavourable towards negative attitude of OSCE.

By this study we can able to understand that some number of students have poor attitude towards OSCE evaluation. This poor attitude of the students should be improved to become clinically competent in future. Attitude of students were much more important to become an efficient staff nurse in future.

This was demonstrated by the positive responses regarding standardization fairness, practicality and usefulness of the exam. Studies found that although stressful, OSCE was highly acceptable to students was better received than many other examination types, tested clinical skills and allowed students to identify weakness. Inadequate prior guidelines, inadequate time for stations, newness of the assessment format and vague instructions were the main causes for stress in our studies.

Adequate preparation of OSCE by students was found to be a method to overcome anxiety and fear of examination. Students in this study tend to think that OSCE evaluates a wide variety of clinical skills and they perceived exam scores to be truly reflective of competence in clinical skills.

They agree that OSCE is fair, well administered, structured and sequenced, allowing students to compensate in some areas and minimize failing and provide opportunities for learning and is a true measure of the essential skills.

Conclusion

This study reveals that out of 63 samples (55%) belongs to favourable attitude, 23% belongs to neutral attitude & 22% belongs to unfavourable attitude towards OSCE. Overall this study found that students generally perceive OSCE as a positive experience in agreement.

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Effectiveness of Epsom Salt with Glycerin Application vs Plain Hot Water Bag Application on Joint Pain among Elderly Women

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Abstract

A study was conducted to assess the effectiveness of Epsom salt with glycerin application versus Plain hot water bag application to reduce knee joint pain among elderly women. The objectives of the study were 1) To assess the pre and post test level of knee joint pain among elderly women in experimental group 1 and experimental group 2. 2) To compare the level of knee joint pain among elderly women between experimental group 1 and experimental group 2. 3) To associate the post test mean score with selected demographic variable among elderly women in experimental group 1 and experimental group 2. The conceptual framework of the study was based on orlando's theory of the deliberating nursing model. The study was conducted on a sample of 60 elderly women at government tiruvannamalai medical college& hospital, tiruvannamalai, using purposive sampling technique. In the present study Quasi experimental design- pre-test and post- test non equivalent control group design was adopted. Data were collected by using structured knowledge questionnaire. The obtained data were analyzed by using descriptive and inferential statistics like frequency, percentage, mean, standard deviation and chi square.

Keywords: Osteoarthritis; Epsom Salt; Plain Hot Water Bag; Joint Pain.

Introduction

Elderly in humans refers to a multidimensional process of physical, psychological and social changes. Clinical and functional changes caused by Osteoarthritis (OA) can influence the knowledge and physical activities of people with this disease. Osteoarthritis (OA) is the most common age related joint disease affecting more than 80% of people older than the age of 55 and one of the leading causes of elderly women. OA Nearly, 45% of women over the age of 60 years have symptoms while 70% of those over 65 years show radiological evidence of OA. India May Have 60 Million Osteoarthritis Cases by 2025. (NHP – National Health Portal, India-2017).

WHO (2017) 9.6% of men and 18.0% women aged over 60yrs have symptomatic osteoarthritis. 80% of those with OA have limitations in movement, and 25% cannot perform their major daily activities of life. India May Have 60 Million Osteoarthritis Cases by 2025. (NHP – National Health Portal, India-2017).

In Indian impact, nearly 80% of population shows OA among the patient who claimed for knee pain, out of which approximately 20% reported incapability in daily activities and around 11% need peculiar care. In Tamil Nadu 43.4% (139 in 320) of elderly study population commonly complaint for joint pains and stiffness. Nearly 60% of population with symptomatic of OA

A rural study of Tamil Nadu shows 39% cases of OA, out of which 38% had OA of right knee and 35.5% had OA of left knee. Sexual distribution represents 40.8% prevalence in male and 59.2% in female. (Osteoarthritis in India: An epidemiological aspect 2017)

Women are more vulnerable than men to the condition, female and old age are the common risk factors. Other factors include excess body mass, specific occupations, repetitive knee bending or lifting heavy weights and a strong family history.

Many researchers have studied and recommended the hot water bag application for helping the people suffering from knee joint pain. Epsom salt is the one of the best home remedy which is rich in magnesium. This is very helpful for relieving the joint pain.

Statement of Problem

A comparative study to assess the effectiveness of Epsom salt with glycerin application versus plain hot water bag application on knee joint pain among elderly women at selected hospital.

Objectives

Indian Journal of Surgical Nursing / Volume 10 Number 1, January - April 2021

- To assess the pre and post test level of knee joint pain among elderly women in experimental group 1 and experimental group 2.
- To compare the level of knee joint pain among elderly women between experimental group 1 and experimental group 2.
- To associate the post test mean score with selected demographic variables among elderly women in experimental group 1 and experimental group 2.

Hypotheses

*NH*₁: There is no significant difference in pre and post test level of knee joint pain among elderly women between experimental group 1 and experimental group 2.

*NH*₂: There is no significant association between post test mean score with selected demographic variable among elderly women in experimental group1 and experimental group 2.

Materials and Methods

A Quantitative research approach was considered to carry out the study. The main focus of the study was to assess the effectiveness of Epsom salt with glycerin Vs hot water bag application in order to reduce pain. The samples were elder women between the age group 60-80 years admitted in female medical ward. 60 samples were taken by purposive sampling technique for data collection. The data was collected by structured knowledge questionnaire. The collected data were analyzed by using descriptive (mean, Standard Deviation) and inferential statistics (Unpaired' test and Chi square test).

Data Collection Methods

The formal permission for conducting study was obtained from competent authorities. Reliability was established by using Split Half technique (r = 0.82). The investigator collected the data relative to demographic variables and conducted the pre-test to assess the level of knee joint pain by using numerical pain intensity scale for experimental group 1 and experimental group 2. On $2^{\rm nd}$ day for experimental group 1 Plain hot water (100 degree Fahrenheit) bag applied over the knee with raping sheet by the interval of 15 mins for 15 days every 6 hourly using supine position. For the experimental group 2 Epsom salt (1 table spoon) mixed with glycerin (½ table spoons) and applied over the knee joint for 15 mins for 15 days every 6 hours using supine position. Post test was conducted on the $16^{\rm th}$ day for the experimental and control group 1 &2.

Data Analysis

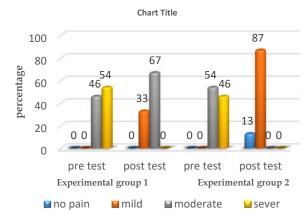
Both descriptive and inferential statistics were used to analyze the data.

Results

Findings Related to Assessment of knowledge regarding knee pain among elderly women.

The analysis on pre test level of knee joint pain in experimental group 1 revealed that 8(54%) of subjects had severe pain and 7(46%) subjects had moderate pain. The analysis on post test level of knee joint pain in experimental group 1 revealed that 10(67%) of subjects had moderate pain and 5(33%) subjects had mild pain.

The analysis on pre test level of knee joint pain in experimental group 2 revealed that 8(54%) subjects had moderate pain and 7(46%) subjects had severe pain. The analysis on post test level of knee joint pain in experimental group 2 revealed that 13(87%) subjects had mild pain and 2(13%) subjects had no pain.



Graph 1: Distribution of Samples by Level of Knowledge.

Findings Related to Demographic variables of samples

In experimental group 1 with regard to Age in year, majority of the subject 10 (67%) were between the age group of 66-70 years and 4(27%) were between 60-65 years of age, and 1(7%) were between 71-75 years of age. In experimental group 2 with regard to the age in year, majority of the subject 9(60%) were between 61-70 years, and 5(33%) were between 50-60 years of age, and 1(7%) were between 71-80 years of age. In experimental group1 with regard to education 7(47%) majority of the illiterate, 4(27%) were primary level, 4(27%) were higher secondary level. In experimental group 2 with regard to education 8(53%) majority of primary level, 6(40%) were illiterate, 1(7%) were higher study level. In experimental group 1 with regard occupation status majority of subject 6(40%) were coli and 5(33%) were house wife, and 4(27%) were farmer. In experimental group 2 with regard occupational status majority of subject 7(47%) were house wife, and 7(47%) were coli, 1(7%) were farmer. In experimental group 1 with regard to income 15(100%) were less than 3000. In experimental group 2 with regard to income 15(100%) were less than 3000.

In experimental group 1 with regard to marital status, majority of subject 15 (100%) were married. In experimental group 2 with regard marital status Majority of subject 15 (100%) were married. In experimental group 1 with regard religion majority of subject 14 (94%) were Hindu, and 1 (7%) were christen. In experimental group 2 with regard religion majority of the subjects 13 (87%) were Hindu, and 2 (14%) were christen. In experimental group 1 with regard types of family majority of the subject 8 (54%) were joint family and 7 (47%) were nuclear family. In experimental group 2 with regard types of family majority of the subject 9 (60%) were joint family, and 6 (40%) were nuclear family. In experimental group 1 with regard number of children majority of subject 8 (54%) were more than 2, and 6(40%) were 2 children, and 1 (7%) were one child. In experimental group 2 with regard number of children majority of subject 8 (54%) were more than 2 child, and 5(34%) were 2 child, 2 (14%) were one child.

Table 2: Comparison of pre and post test level of (hot water application and Epsom salt with glycerin application) knee joint pain among elderly women experimental group 1 and 2.

Assessment	Group	Mean	SD	Unpaired "T" test
Pretest	Experimental group 1	7.2	1.1	T -1
Pretest	Experimental group 2	7.3	0.7	
Posttest	Experimental group 1	4.1	0.9	T 20
	Experimental group 2	2.1	0.9	T 20

The analysis of the pretest level of knee joint pain mean score was 7.2 with SD 1.1 in experimental group 1. The pretest mean score was 7.3 with SD 0.7 in experimental group 2. The calculated

unpaired't' value was t= -1 which was found to be non-significant at p>0.05.

The analysis of the posttest level of knee joint pain revealed that the mean score was 4.1 with SD 0.9 in experimental group1. The analysis of the posttest level of knee joint pain revealed that the posttest mean score was 2.1 with SD 0.9 in experimental group 2. The calculated unpaired 't' value t=20 was significant at p<0.05 level, which indicates that there was significant difference in the posttest level of knee joint pain between the experimental group 1 and 2.

This clearly shows that the practice of Epsom salt with glycerin application reduces the level of knee joint pain in experimental group 2. With regard to the association of mean difference level of knee joint pain and selected demographic variables, There was significant association between age in years with chi – square value is 14.73, which showed high statistical significant at p<0.05 in experimental group 2.

Table 1: Association of posttest level of knee joint pain among elderly women with their selected demographic variable in experimental group1and experimental group2.

Domographia	Experimental group 1					Chi
Demographic variable	No pain	Mild pain	Moderat e pain	Severe pain	DF	square value
Age						
60-65 years	0	2	2	0	6	0.94
66-70 years	0	3	7	0	ь	0.94 N.S
70-75 years	0	0	1	0		P<0.05
Education						
Illiterate	0	2	5	0		0.58
Primary level	0	1	3	0	9	N.S
Secondary level	0	2	2	0		P<0.05
Degree	0	0	0	0		
Occupation						
House wife	0	2	3	0		
Coli	0	1	5	0	10	1.27
Farmer	0	2	2	0	12	N.S P<0.05
Industrial worker	0	0	0	0		
Business	0	0	0	0		
No. of children						
None	0	0	0	0		2.39
One	0	1	0	0	9	N.S
Two	0	2	4	0		P<0.05
More than 2	0	2	6	0		

	Experimental group 2					
Demographic Variable	No pain	Mild pain	Moderat e pain	Severe pain	DF	Chi square value
Age						
60-65 years	0	5	0	0	6	14.73 S*
65-70 years	1	8	0	0	в	P>0.05
71-75 years	1	0	0	0		1 0.00
Education						
Illiterate	1	5	0	0		12.68
Primary level	1	7	0	0	9	S* P<0.05
Secondary level	0	1	0	0		
Degree	0	0	0	0		
Occupation						
House wife	1	6	0	0		
Coli	1	6	0	0	10	1.17
Farmer	0	1	0	0	12	N.S P<0.05
Industrial worker	0	0	0	0		2 0.00
Business	0	0	0	0		

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None	0	0	0	0		2.05
One	0	2	0	0	9	2.05 N.S
Two	0	5	0	0		P<0.05
More than 2	2	6	0	0		

S* significant at p<0.05 level, NS - Non significant

The findings related to association of post test level of knowledge regarding knee joint pain among elderly women with their selected demographic variables of experimental group 1. (table 1)

The demographic variables of age, education occupation, no of children were independent of each other.

The findings related to association of post test level of knowledge regarding knee joint pain among elderly women with their selected demographic variables of experimental group 2. (table 1)

The demographic variables occupation, no of children was independent of each other. The other demographic variable i.e age, education showed an association with knowledge scores at p<0.05 level of significance.

Discussion

Findings related to Epsom salt with glycerin Vs hot water bag application on with knee joint pain among elderly women in experimental group 1 and 2.

The analysis on pretest level of knee joint pain in experimental group 1 revealed that 8(54%) of subjects had severe pain and 7(46%) subjects had moderate pain. The analysis on posttest level of knee joint pain in experimental group 1 revealed that 10(67%) of subjects had moderate pain and 5(33%) subjects had mild pain.

The analysis on pretest level of knee joint pain in experimental group 2 revealed that 8(54%) subjects had moderate pain and 7(46%) subjects had severe pain. The analysis on posttest level of knee joint pain in experimental group 2 revealed that 13(87%) subjects had mild pain and 2(13%) subjects had no pain.

The analysis of the pretest level of knee joint pain mean score was 7.2 with SD 1.1 in experimental group 1. The pretest mean score was 7.3 with SD 0.7 in experimental group 2. The calculated unpaired 't' value was t= -1 which was found to be non-significant at p>0.05.

The analysis of the posttest level of knee joint pain revealed that the mean score was 4.1 with SD 0.9 in experimental group1. The analysis of the posttest level of knee joint pain revealed that the posttest mean score was 2.1 with SD 0.9 in experimental group 2. The calculated unpaired 't' value t= 20 was significant at p<0.05 level, which indicates that there was significant difference in the posttest level of knee joint pain between the experimental group 1 and 2.

Jomon joy (2009) In this study evaluated among 60 samples above 60 years with knee joint pain by two groups .Each group randomly assigned to either group having 30 samples. One group received plain hot water application and another group received hot water application with Epsom salt. Assessment tools were numerical pain scale. The study results shows both of them reduce the pain level, but Epsom salt with hot water application is more effective than plain hot application in reduction of pain.

This clearly shows that the practice of Epsom salt with glycerin application reduces the level of knee joint pain in experimental group 2. With regard to the association of mean difference level of knee joint pain and selected demographic variables, There was significant association between age in years with chi – square value is 14.73, which showed high statistical significant at p<0.05 in experimental group 2.

Conclusion

Epsom Salt with Glycerin Application to knee joint pain among elderly women in experimental group 2 had significant improvement in their post test. Were as Experimental group1 received hot water application to knee joint pain had less improvement in post test. Hence Epsom Salt with Glycerin Application is very effective alternative therapy for reducing knee joint pain among elderly women.

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A Study to Assess the Effectiveness of Structured Teaching Program on Knowledge Regarding Fluid Replacement in Burns Patients among Staff Nurses Working In YCR Hospital Latur

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Abstract

Introduction: Accidents have become the usual occurrence in today's world. Road traffic accidents, domestic accidents, industrial accidents and railway accidents contribute to large proportion of mortality, morbidity and disability. Burns of all kinds and degrees are also considered as a type of accidents. Burns cause aesthetic problems as well as acute physical problems and if not taken proper care, they can cause serious complication in the form of secondary bacterial infection, various degrees of contractures which restrict the daily activities, septicaemia, etc. People affected are mostly of poor socioeconomic status. The cost of managing these injuries is high. In developing countries, the problem of burn injuries is more severe due to the reason that the care of burn patients requires specialized staff and medical technologies that are expensive and not always readily available. Methods: A Descriptive research approach was used for the present study. The study comprised of 30 staff nurses who fulfilled inclusive criteria and working in selected hospital. Knowledge questionnaire was used for data collection. The reliability of questionnaire was done by Guttmann's Split Half Coefficient method. In order to obtain content validity, the tool given to 10 experts who included from the field of Medical-Surgical Nursing Department. Non Probability convenience sampling technique was used, Formal Permission was obtained from concerned authority from hospital for data collection. Result: The result showed that most of the samples under the study were between the age group of 21-30 years. 50% of samples were from general wards. Result interpreted that in pre test knowledge level regarding fluid replacement in burn was 40.28 % & in post test it was 85.6%. It is evident that calculated value of 't' at 0.05 level. This indicate that structured teaching programme was effective in improving the knowledge of staff nurses. Conclusion: The present study assess the knowledge level of staff nurses working in Y.C.R. Hospital, Latur regarding the "fluid replacement in burn patients" and found that he staff nurses having 29 (96.67%) had adequate knowledge, 1 (3.33%) of them had moderately adequate knowledge and only 0 (0%) of staff nurses had inadequate knowledge regarding "fluid replacement in burn patients."

Keywords: Fluid Replacement; Burns; Bacterial Infection.

Introduction

Accidents have become the usual occurrence in today's world. Road traffic accidents, domestic accidents, industrial accidents and railway accidents contribute to large proportion of mortality, morbidity and disability. Burns of all kinds and degrees are also considered as a type of accidents. Burns cause aesthetic problems as well as acute physical problems and if not taken proper care, they can cause serious complication in the form of secondary bacterial infection, various degrees of contractures which restrict the daily activities, septicaemia, etc. People affected are mostly of poor socioeconomic status. The cost of managing these injuries is high. In developing countries, the problem of burn injuries is more severe due to the reason that the care of burn patients requires specialized staff and medical technologies that are expensive and not always readily available.

Despite many medical advances, burns continue to remain a challenging problem due to the lack of infrastructure and trained professionals as well as the increased cost of treatment, all of which have an impact on the outcome. There is very little information on the pattern of outcomes among burn patients in relation to clinical aspects in India. However, if the principles of first aid are properly applied a great degree of suffering due to burns can be avoided.

Throughout the world, burns remain a huge health issue, at least in terms of morbidity, especially in the developing countries. It is the nature of man "to want to do something" whenever there is an injury, and this leads to the application of various agents to burns. While some of these agents used in

treating such injuries may be beneficial, many of them are harmful and have no scientific basis for their use. The use of such harmful agents therefore calls for education of the people in order to prevent their damaging effects.

Burn injury is a significant cause of mortality and morbidity. A burn occurs when there is injury to the tissues of the body caused by heat, chemicals, electrical current or radiation. Burn injury occurs when energy from a heat source is transferred to the tissues of the body. The resulting effects are influenced by the temperature of the burning agent, duration of contact time and type of tissue that is injured. Burn injury mainly affects the integument or the skin.

One of the largest organs of the body, the skin or integument is made up of two layers of tissues, the outer epidermis and the inner dermis, and lies on a layer of subcutaneous fat. It makes up 15% to 20% of the body's weight.

The epidermis contains a fatty substance that makes the skin waterproof. The dermis contains blood vessels, nerves, muscles, sebaceous glands, sweat glands and hair follicles.

The sensory nerves within the dermis ensure that the body's surface area is sensitive to heat, cold, pain, and the slightest touch. As well as protecting the body from injury, bacterial and viral infections, and minor burns, the skin's key function is to maintain a constant body temperature. It does this by varying the blood flow into capillary vessels beneath the skin surface and by producing perspiration, which evaporates cooling the body.

The blood capillaries dilate and perspiration increases when the body is too warm. If the body needs to conserve heat, the blood vessels constrict, pulling the skin into "goose-pimples". The body also creates heat by shivering. So the overall functions of the skin include protection, maintenance of homeostasis, thermoregulation, sensory reception, vitamin synthesis and processing of antigenic substances.

When the skin is burned, the small blood vessels within the skin leak fluid which either gathers in tissue spaces to form blisters or it leaks through the skin surface. This loss of fluid can lead to a marked drop in the blood volume and loss of blood proteins, a condition which may result in shock.

So the care of the burn-injured client is both complex and challenging. The psychological and physical trauma sustained following a burn injury can be devastating for both the victim and family members or significant others. Having a thorough understanding of the pathophysiologic changes that occur after a burn, knowing about the first aid management of burns and becoming familiar with the standards of care will promote positive outcomes.

Burns constitute a major health problem in India. However, exact mortality figures for India are not available owing to the lack of proper burn registry. The projected figures suggest an annual mortality rate of 100,000 to 140,000. This staggering incidence is largely due to illiteracy, poor living conditions, and neglect of children.

High population density, illiteracy and poverty are the main demographic factors associated with a high risk of burn injury. It is vital to assess the extent of burn area affected by a burn, as the greater the surface area, the greater the fluid loss and risk of shock.

Problem Statement

A study to assess the effectiveness of structured teaching program on Knowledge regarding fluid replacement in Burns patients among Staff Nurses working in YCR Hospital Latur.

Objective

• To assess the knowledge of staff nurses regarding fluid replacement in burns patients.

- To evaluate the effectiveness of structured teaching program in fluid replacement.
- To find out the relationship between knowledge of the Staff Nurses regarding fluid replacement in burns patients with selected socio-demographic variables.

Material and Methods

A Descriptive research study approach was used for present study. The study comprises of 30 staff nurses who fulfilled inclusive criteria and working in selected hospital by non-probability convenience sampling. One group pre test post test quasi experimental design was used for this study. The content validity of the tool was established in the consultation with guide and 12 experts from the field of medical-surgical nursing. The reliability of questionnaire was done by Guttmann's split Half Coefficient method. The purpose and important of research study explain before collection of data.

Hypothesis

Hi: There will be a significant relationship between the knowledge of the Staff Nurses regarding fluid replacement in burns patients with the selected Socio demographic variables.

 H_2 : There will be a significant relationship between pre - test and post test knowledge scores.

Result:

Analysis and interpretation is based on the objective of the study. The analysis was done with the help of inferential and descriptive statistics. Frequency and percentage wise distribution of demographic variable of staff nurses.

Table no.1 Frequency and percentage distribution of demographic characteristics of staff nurses of Y. C. R hospital, Latur.

Demographic variables	Number	Percentage
Age		
21-30 yrs	21	70 %
31-40 yrs	9	30%
41-50 yrs	0	0
Above 50	-	-
Gender		
Male	05	17%
Female	25	83%
Education		
GNM	12	40%
R.GNM	18	60%
Area of working		
ICU	08	2%
Casualty	07	23%
Burn ward	0	-
General ward	15	50%
Year of experience		
1-5	14	47%
6-10	13	43%
11-15	02	07 %
16-20	01	03%
Area of achievement		
Pass class	16	53%
2 nd class	08	27%
Distinction	01	3%
1st class	05	17%

The above table shows that 70% samples belongs to 21-30 years of age and 83% of sample were female. 60% of nurses had completed their RGNM. 50% of nurses was working in general ward.

Comparison of pre-test and post-test level of knowledge fluid replacement in burn patients among staff nurses working in Y.C.R. Hospital, Latur.

Level of	Pre-te	st score	Post-test score		
knowledge	Number	Percentage	Number	Percentage	
Adequate (>76%)	0	0	29	96.67	
Moderate (51-75%)	2	6.67	1	3.33	
Inadequate (<50%)	28	93.33	0	0	

The above table depict that in pre test 2 % of the sample had moderate level of knowledge score. 28% had inadequate level of knowledge in post test 96.67% of the sample had adequate level of knowledge and 3.33% of sample had moderate level of knowledge. The difference between pre test & post test level og knowledge score was found to be statistically significant.

Area wise comparison of mean, SD and mean percentage of pre test and post test knowledge score about fluid replacement in burn patients among staff nurses working in Y.C.R. Hospital, Latur.

Discussion

The discussion of the study of appropriate review of literature, statistical analysis and the fining of study based on study of objectives the aim of the present study to evaluate the structure teaching program of knowledge regarding fluid replacement in burn patients among staff nurses working in Y.C.R. Hospital, Latur.

Non experimental designs were used for this study the samples of this study was 30 staff nurses working in Y.C.R. Hospital Latur selected nursing simple and random sampling techniques to assess the knowledge on fluid replacement in burn patients.

The consent of staff nurses obtained and structured self-administered questionnaire test was conducted on the entire subject.

The first step in the study was to assess demographic characteristics of the staff nurses. Table No. I shows that sample belonged to age, gender, education, area of working, year of experience & academic achievement. The objective of study is to evaluate the knowledge regarding fluid replacement in burn patients.

Table no. II shows that frequency and percentage distribution of staff nurses regarding fluid replacement in burn patient that 29 (96.67%) had adequate knowledge, 01 (3.33%) of the had moderately adequate knowledge and 0 (0%) of staff nurses had inadequate knowledge.

Conclusion

The present study assess the knowledge level of staff nurses working in Y.C.R. Hospital, Latur regarding the, "fluid replacement in burn patients" and found that the staff nurse shaving 29 (96.67%) had adequate knowledge, 1 (3.33%) of the had moderately adequate knowledge and only 0 (0%) of staff nurses had inadequate knowledge regarding "fluid replacement in burn patients."

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